# Southwest Region COVID-19 Impact Community Health Survey Results



**About the Survey:** 1,235 survey responses were gathered from residents in the SW Region between May 27, 2021 - July 9, 2021.

**Southwest Region** 

Please visit maricopahealthmatters.org for the full survey report and more information.

# **Highlights**

# **Top Healthcare Barriers**

45% of respondents said they had no barriers to healthcare. The three barriers for others were:



Fear of exposure to COVID-19 in a healthcare setting

26%



Unsure if healthcare need is a priority during this time

14%



Difficulty finding the right provider for my care

12%

# **Top Health Conditions**

41% of respondents reported that mental health issues have had the greatest impact on their community.



41%

Mental Health Issues



40%

Overweight/ Obesity



**25%** 

Alcohol/ Substance Use

# **Community Issues**

30% of respondents reported that distracted driving has had the greatest impact on their community.

- 1 Distracted driving 30%
- Lack of people immunized 23% to prevent disease
- 3 Lack of affordable housing **21%**

# **Community Strengths**

41% of respondents reported that access to COVID-19 testing events has been the greatest strength of their community.

- 1 Access to COVID-19 testing events 41%
- 2 Access to COVID-19 vaccine events **40%**
- Access to safe walking and biking routes 26%

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# **Health Ratings**

# **Physical Health**

Almost **1 in 4** respondents rated their current **physical health** as **worse** compared to their physical health <u>prior</u> to March of 2020.



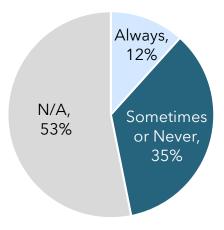
# **Mental Health**

Almost **1 in 3** of respondents rated their current **mental health** as **worse** compared to their mental health <u>prior</u> to March of 2020.



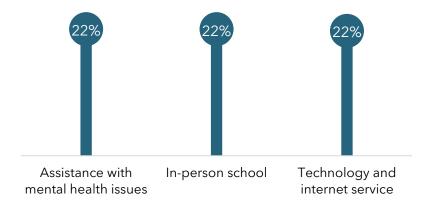
#### **Mental Health Care Access**

Over **1 in 3** respondents who sought services to address their mental health were **sometimes or never** able to get the mental health services they needed.



Almost 1 in 4 respondents stated assistance with mental health issue, in-person school, and technology and internet service would have improved overall mental and physical health of their family in the last year.

Top three areas for improvement:

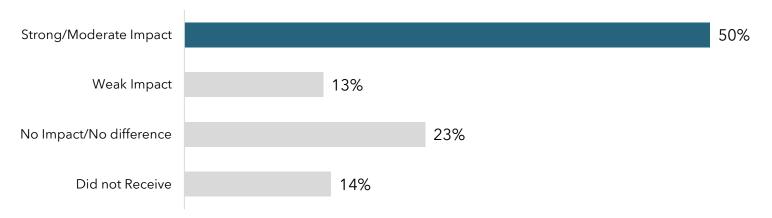




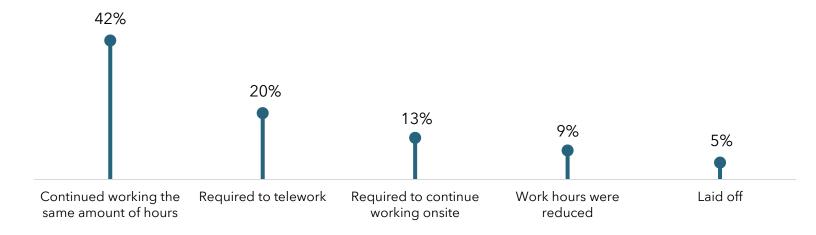
# **Accessibility of Care**

#### **Income and Expenses**

**Half** of respondents stated that the stimulus check had a **strong/moderate impact** on their living expenses and access to healthcare.



**Since March of 2020**, how was your employment impacted due to the COVID-19 pandemic?

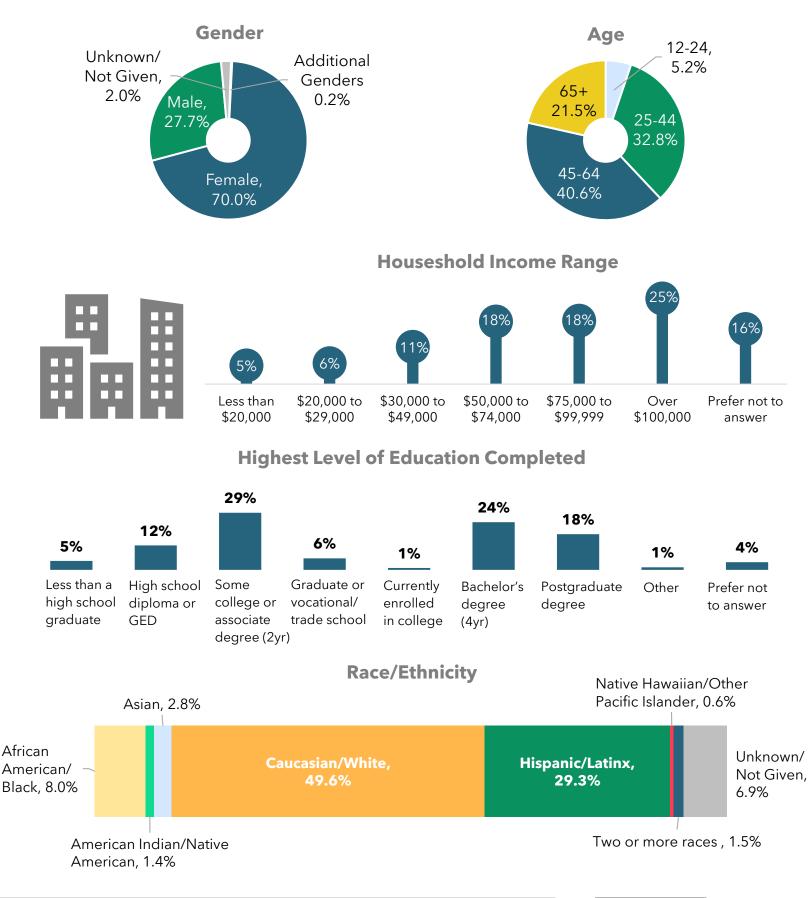


#### 27% of respondents indicated other topics:

- Retired
- Increased work hours
- Unemployed
- Disability



# **Respondent Profile**



Source: Maricopa County COVID-19 Impact Community Health Survey

