



CARING FOR INFANTS AT-RISK FOR ZIKA

If you suspect Zika virus infection, please call and report to Maricopa County Department of Public Health (MCDPH) at **602-506-6767** within 24 hours.

Management of Infants with Zika Virus Exposure

The Center for Disease Control and Prevention (CDC) recommends that all infants who are born to mothers with positive or equivocal Zika test results should receive the following screenings within **1 month of birth***:

Infant screenings to be completed within 1 month of birth*
<input type="checkbox"/> Zika PCR & IgM testing through Arizona State Public Health Laboratory or commercial laboratory (within 2 days of birth)
<input type="checkbox"/> Standard well-baby visit (2-5 days after birth)
<input type="checkbox"/> Eye exam by an ophthalmologist
<input type="checkbox"/> Automated auditory brainstem response (ABR) hearing screening
<input type="checkbox"/> Head ultrasound
<input type="checkbox"/> Standard well-baby visit (1 month after birth)

*Review care from delivery hospital to determine what screenings have already been completed

Education of Families

Provide Zika virus and congenital Zika syndrome education and resources to parent/guardian(s):

- **Centers for Disease Control and Prevention (CDC)**
<https://www.cdc.gov/pregnancy/zika/>
<https://www.cdc.gov/pregnancy/zika/family/care-for-babies-with-congenital-zika.html>
<https://www.cdc.gov/pregnancy/zika/family/documents/roadmap-for-parents.pdf>
<https://www.cdc.gov/pregnancy/zika/family/documents/roadmap-for-parents-babies-infected-before-birth.pdf>
- **Arizona Department of Health Services**
www.azhealth.gov/zika
- **Maricopa County Department of Public Health**
<http://maricopa.gov/Zika>
- **American Academy of Pediatrics**
<http://www.aap.org/zika>
- **Zika Care Connect**
<http://www.zikacareconnect.org>

Continued Routine Monitoring & Referral

Infants infected with Zika virus before birth may present with a specific pattern of birth defects known as congenital Zika syndrome. Latent developmental or physical delays may also occur. Monitor child’s development and growth with routine well-baby visits and refer early to services and specialists through regular avenues, if determined to be needed.

- **CDC’s recommendation for Follow-Up Care**
<https://www.cdc.gov/pregnancy/zika/testing-follow-up/follow-up-care.html>